

Let's GROW Outside!

Let's GROW Outside! teaches professionals about the possibilities provided through outdoor gardening with young children and provides a grant-funded opportunity to make your own edible garden come to life. This year's cohort is designed specifically for programs and educators in Wilmington zip codes 19801, 19802, and 19805.

During this extended professional development experience, participants will learn about the benefits of connecting children and gardening, gain knowledge and skills needed to develop and sustain a garden, understand how to use a supplemental gardening curriculum, and plan for age-appropriate garden activities with children.



Meet Your Facilitator



Linda Farmer



Ginsburg Institute

The Ginsburg Institute at Nemours Children's Health strives to create a world where every child can thrive and achieve their full potential for health and well-being.

Unlock Your Benefits

Upon completion of the initiative, each program will receive:

- 15 QA hours of professional development per participant
- A comprehensive understanding of basic gardening skills
- Materials to grow your own garden
- Supplemental gardening curriculum to add gardening to your program's regular practice

Experiences Include:

- Three live in-person learning sessions
- One self-paced learning session
- Two virtual coaching calls
- One on-site coaching visit
- One observation at a program with an established garden



Let's GROW Outside! Experience Overview

EVENT	DATE	TIME	DESCRIPTION	FORMAT
Professional Learning Period 1	11/7/26	9 a.m.-12 p.m.	Kickoff and introduction for all participating programs	In person UD Newark Campus (461 Wyoming Road, Newark, DE 19716)
Action Period 1	Week of 12/14/26	Scheduled with programs	Coaching call to support continued engagement	Virtual (Zoom)
Professional Learning Period 2	1/11-3/1/27	Self-paced	Gardening basics, thinking and dreaming about your own garden	Virtual (Canvas)
Action Period 2	4/5-4/19/26	Scheduled with programs	Considering possibilities, planning location, choosing wish list bundle for your garden	On site at your program
Professional Learning Period 3	5/8/27	9 a.m.-12 p.m.	Connecting children and gardening; exploring supplemental gardening curriculum	Location TBD w/in the City of Wilmington
Action Period 3	5/10-5/14/27	Scheduled with programs	Planning gardening activities for children	Virtual (Zoom)
Action Period 4	5/17-6/26/26	Scheduled with programs	Visit an established gardening program	In person at ambassador site
Professional Learning Period 4	6/26/26	9 a.m.-12 p.m.	CELEBRATE! Share your experience and plan for sustainability	In person UD Newark Campus (461 Wyoming Road, Newark, DE 19716)